

January 2014
Hi Lites of
Lutheran Manor

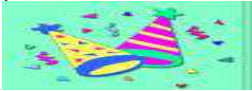




Welcome New Residents

Barry Server 304
Jermaine Swakcerd 812
Doreen Jennings 914
Rose Sabota 718

January 1 (Wednesday)	HAPPY NEW YEAR 2014!	Office Closed	
January 4 (Saturday)	Coffee & Donuts	9:00 a.m.	Lounge
January 4 (Saturday)	Pinochle Party	12:30 p.m.	Lounge
January 8 (Wednesday)	Massage by Appointments	9:00 a.m.	Lounge
January 8 (Wednesday)	A Matter of Balance Class (4th)	1:00 p.m.	Patio
January 8 (Wednesday)	Speaker-The Importance of Massage	2:00 p.m.	Lounge
January 8 (Wednesday)	Computer Class	1:00 p.m.	Comp Room
January 10 (Friday)	Second Harvest-Food Delivery Box	11:00 a.m.	Patio
January 12 (Sunday)	New Year's Dinner	5:00 p.m.	Lounge
January 13 (Monday)	Committee Meeting	1:30 p.m.	Conf Room
January 14 (Tuesday)	General Meeting (1st & 2nd floor responsible for snacks)	2:00 p.m.	Lounge
January 15 (Wednesday)	A Matter of Balance Class (5th)	1:00 p.m.	Patio
January 15 (Wednesday)	Computer Class	1:00 p.m.	Comp Room
January 15 (Wednesday)	Speaker-Smart Snacking	2:30 p.m.	Lounge
January 18 (Saturday)	Soup & Hot Dogs	11:00 a.m.	Lounge
January 20 (Monday)	Martin Luther King Day	Office Closed	
January 21 (Tuesday)	Speaker-Paint to the Sounds of Music	2:00 p.m.	Lounge
January 22 (Wednesday)	A Matter of Balance Class (6th)	1:00 p.m.	Patio
January 28 (Tuesday)	Speaker-Guitar and Singing	2:00 p.m.	Lounge
January 29 (Wednesday)	A Matter of Balance Class (7th)	1:00 p.m.	Patio
January 29 (Wednesday)	Speaker-Traditions of Hanover At Home	2:00 p.m.	Lounge



HAPPY NEW YEAR 2014!

Bingo	Every Monday	6 p.m.	Lounge
Exercise	Every Monday & Wednesday	10 a.m.	Lounge
Poker League	Every Monday & Wednesday	6:30 p.m.	Conf Rm
Zumba	Every Tuesday	10 a.m.	Lounge
Bible Study	Every Monday	1 p.m.	Patio
Chat Room	Every Thursday	10 a.m.	Patio
Walkers Club	Every Friday	2 p.m.	Outside
Yoga	Every Friday	10:00 a.m.	Patio
Tai Chi	Every Friday	12:30 p.m.	Patio
Wii Bowling	Every Friday	5:30 p.m.	Lounge
Yarns Around	Every Sunday	1:30 p.m.	Patio

FEBRUARY EVENTS

Saturday	2/01	Coffee & Donuts		9:00 a.m.
Saturday	2/01	Pinochle Party		12:30 p.m.
Sunday	2/09	Valentine's Dinner		5:00 p.m.
Saturday	2/15	Soup & Hot Dogs	Majestics	11:00 a.m.
Sunday	2/23	Social	Rehrig Bros	5:00 p.m.



Memorial Service



January 16, 2014, 2p.m.

A time to remember all those friends and family (not only Lutheran Manor Residents) who passed away during 2013.

Person(s) to be remembered at Memorial Worship Service in the lounge.

(You may include residents of Lutheran Manor or other friends and family who passed in 2013).

Name: _____ Date/Death _____

Name: _____ Date/Death _____

Name: _____ Date/Death _____

Your Name and Phone # _____ Apt: _____

Please give completed form to Pastor Clark no later than Thursday, January 9th.

Claudie's



Corner

You're Invited to a Massage Therapy Presentation

Hostess: Jenn Terry

Event Date: Wednesday, January 8th

Time: 2:00 p.m. Location: Lounge



Massage therapy benefits people of all ages.

Therapeutic massage is an important part of your health maintenance plan, by:

- Reducing or eliminating pain
- Improving joint mobility
- Improving circulation
- Reducing depression and anxiety
- Reducing tension within muscles
- Increasing body awareness



Don't miss the raffle, someone will be the lucky winner!



You are invited to a Healthy Snack Demo.

Melissa from Manor Care will be preparing a **delicious homemade black bean salsa and hummus with baked tortilla chips and whole grain pita bread.**

She will be informing you about the nutritional benefits of the recipe.

Wednesday, January 15 @2:30 p.m.

Lounge

Please sign up with Claudie.



Making Art from Favorite Broadway Musicals

Pat Delluva will be here on

Tuesday, January 21st at 2pm, Lounge

Come and have fun painting to the **sounds of Broadway musicals.** If you would like to attend this class please

sign up with Claudie.



GUITAR PLAYING AND SINGING

David Garcia son of (Elisa Garcia) will be here on:

Tuesday, January 28th at 2 pm, Lounge

You don't want to miss this singing celebration.

He will play a mixture of songs on the guitar and encourage everyone to sing along with a combination of popular folk, traditional and spiritual songs.

What a great way to start the **New Year!**

Light refreshments



TRADITIONS of HANOVER At Home

Will be here on:

Wednesday, January 29th @ 2:00 p.m.

Lounge

Traditions of Hanover At Home will soon have the **Waiver Program.**

Do you need any of these services?

- Transportation to appointments
- Shopping and errands



Please come out and hear how the Waiver Program will benefit you.

You may qualify for these

FREE SERVICES.

Refreshments will be served!



The President Speaks...

I want to express my deepest appreciation for all the workers, bakers, residents and friends who helped make our Winter Bazaar such a success.

Thank you!



Ken Clifford, President of the Resident's Association

The Snack Stand

Snacks available
every
Monday & Wednesday
From 3-6 p.m. In the Main Lobby



Computer Class

If you are **new to Lutheran Manor**, and would like to use our computer lab, **you must attend an initial computer class** with Nancy.

Wednesday, January 8

Topic: New Tenants Class

Wednesday, January 15

Topic: Searching the internet

1-3 pm

See Claudie to sign up for classes

Soup & Hot Dogs

Saturday,

January 18th

11 a.m. to 2 p.m.



<u>SOUP</u> : Pepper Pot	\$2.50
<u>HOT DOGS</u> : Plain, Sauerkraut, or Chili	\$1.50
<u>DESSERT</u> : Ice Cream & Strawberries	\$2.50
<u>SODA OR COFFEE</u> :	\$1.00

Entertainment:
Music Memories
50/50 Drawing



MASSAGE THERAPY

Wednesday, Jan 8th
9:00-12:30

Treat yourself to a
relaxing

massage, you deserve it!

**If you are interested in getting a massage,
please sign up in Claudie's office.**

Price: \$20.00 1/2 hour \$40.00 1 hour



TAI CHI

Every Friday, 12:30 p.m.

Patio

Come and join the fun!

**WE'RE
BACK!**

Yarns Around

Every Sunday at 1:30pm



Coffee & Donuts

Saturday, January 4th
9:00 a.m. to 10:30 a.m.

\$1.75 coffee & donut
.75 additional donut

Friends and Family

Welcome



Walkers Club

will be taking a



We will resume in **April 2014.**



Therapy Dog Visit

Monday, January 27th

11 a.m.

Lounge



Did you know that just being
around a dog or petting a dog
can lower blood pressure?



Zumba Fitness

Come have fun, get in shape, & move to
the music. You can participate **sitting and/
or standing in place.** You decide. Stop by
and check it out for yourself.

Every Tuesday @10:00 AM Lounge



Thank You

The Staff of Lutheran Manor would like to thank everyone for your kindness and generosity during the Christmas holiday. We definitely appreciate your gifts, delicious treats, cards and well wishes at this special time of the year. May you all have a Blessed, Happy and Prosperous New Year!

*Courtney, Mona, Dolores, Jenn, Claudie,
Bob, Ken, Donny, Pastor Clark, Sharon,
Judy, Don S., Dave & Krissy*



Trips to Notice...

February 6 - House of Candles—Henryville, PA If you desire a one-of-a-kind type of candle, they have on-site candle craftsmen to personalize a carved candle just for you. Candle carving demonstrations, Décor & Gifts. Afterwards, there will be a stop for lunch at Cook's Corner Family Restaurant.



February 12 - Penn Museum Tour Philadelphia - Enjoy a tour at the finest museum, of ancient cultures of Egypt, China, Meso-America, Rome, Greece, Mesopotamia and Africa. **Cost: \$15.00** Lunch @ Pepper Mill Café.

February 14 - Pines Dinner Theatre— Here Comes the Bride - It's Abigail Winthorpe's first day at her new job as a writer of "Here Comes the Bride," a relationship column for the Weekly Bugle. She has everything she's ever wanted in life, except true love. **Cost: \$47.50**

February 22 - NY Jazz Repertory Orchestra with Glenn Cashmann - Saxophonist Glenn Cashman joins New York's finest jazz and studio musicians to perform his works from his new Southland Nonet CD. Zoellner Arts Center, at the Lehigh University. **Cost: \$17.00**

Apartment Inspections

Dear Residents,

We are required by the Department of Housing and Urban Development to biannually inspect all equipment in Lutheran Manor's units. This inspection will include Plumbing, Heating/AC, Electrical, Appliances, Windows, Carpeting, and Paint.

Due to our tight schedule the maintenance department will start their inspections at 8:30 AM on:

Monday,	January 27, floors 11, 10 and 9
Tuesday,	January 28, floors 8, 7, 6
Wednesday,	January 29, floors 5, 4, 3
Thursday,	January 30, floors 2, 1

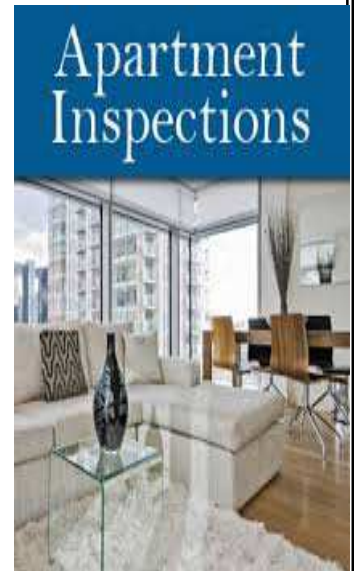
You do **NOT** have to do anything for this inspection.

You do not have to be home, but if you are not home on these days, maintenance will enter your apartment and do their inspection.

We thank you in advance for your cooperation in this matter.

Bob, Ken, and Donny

Maintenance Department





2014 PARTY

Sunday, January 12, 2014

5 p.m. in the Lounge (Doors open at 4 p.m.)



COST:

\$10 per person

\$12 per guest (limit 2)

Entertainment by:

Tony Farina Show

Served Menu:

Baked Ham w/Pineapple Sauce

Salad w/Bacon/Assorted Dressing

Scalloped Potatoes

Green String Beans

Salad w/Assorted Dressing

Rolls w/butter

Dessert

Coffee or Tea

Soda—\$1.00



50/50 3 for \$1.00

Coordinator: Ronnie Clifford



Design online at:
www.hbarbarts.com/shirtdesigner

2014 PARTY

Sunday, January 12, 2014

Place slip in a sealed envelope along with cash payment and slide it under
Marge Bachemin's door Apt #705.

Name: _____ Apt# _____ Phone: _____

DEADLINE FOR RESERVATIONS IS WEDNESDAY, JANUARY 8th.



DELICIOUSLY
Entertaining!

PRESENTS



Fall in love all over again!

It's Abigail Winthorpe's first day at her new job as the writer of "Here Comes the Bride," a relationship column for the Weekly Bugle. She has everything she's ever wanted in life, except for true love. Fall in love with this original musical in the world premier at the Pines Dinner Theatre.

Here Comes the Bride

Friday, February 14, 2014

Time: 6:30 pm

Cost: \$47.50

The cost includes gratuity dinner and show.

...A NEW YEAR...



My wife and I have lived in four houses since we were married over 40 years ago. One of the first things we needed to do when we moved into a new house was to find out what to do with our garbage. We couldn't just leave it pile up; it would stink up our lives and invite all sorts of pests. We had to get rid of it. In Pine Grove there was a dump. In Allentown and Northampton we bagged it and put it on the curb. We got rid of it.

Of course, there is more than one kind of garbage. The kind of garbage we put into our trash cans is relatively easy to discard. It just takes some planning, some effort. When we work at it, it is gone. But there is another kind of garbage that is more difficult to manage. It is the garbage of the past. A great many people have never learned how to deal with yesterday. Instead of looking to the future with hope, excitement, and positive expectation, they are bogged down in the past. For so many people, the past is like a heavy weight around our necks, holding us back from the good future that God intends.

Therefore, if anyone is in
CHRIST
anyone
he is a new
CREATION
the old has gone, the new has
COME!
Christ
2 Corinthians 5:17

Our God is not a God of the past, but of the future. Our God is One who says again and again, "Behold, I am doing a new thing." "If anyone is in Christ, there is a new creation. The old has passed away; behold everything is new!"

Listen, I am sure of this: whatever is hurting you, whatever is holding you back, whatever is keeping you from the fullest possible experience of life, God wants to gather it up, and like some conscientious garbage collector, take it away so it will never bother you again. God will do that, if you will let Him.

Happy New Year! Chaplain Clark

WORSHIP IN JANUARY AT LUTHERAN MANOR= 2pm in the Patio

- Thursday, Jan 2 Rev. Joy Wyler, Unity of the Lehigh Valley, Emmaus
- Tuesday, Jan 8 Rev. Jason Stokes, Notre Dame RC, Bethlehem
- Thursday, Jan 16 **MEMORIAL SERVICE**- Chaplain Clark
- Thursday, Jan 23 Rev. Richard Nahodil, St. John's EC, Allentown
- Thursday, Jan 30 Rev. Don Schwartz, Lutheran (retired)

 **New Beginnings BIBLE STUDY**- Every Monday at 1 pm in the Patio- All are welcome!

You don't need to know anything about the Bible...just come.

LUTHERAN MANOR CHATROOM- Every Thursday at 10 am in the Patio.

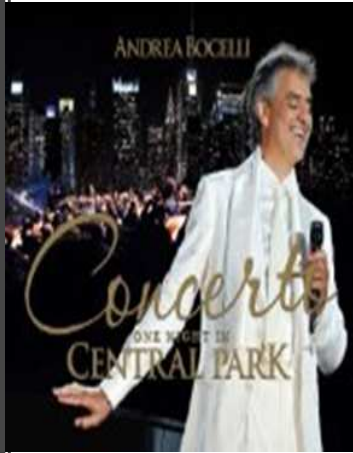
MEMORIAL SERVICE- **Thursday, Jan. 16th at 2pm**- remembering family, friends and neighbors who died during 2013. Please submit their names to Chaplain Clark so we can honor them in our memorial worship. (*more info elsewhere in this HiLites*)

BOCELLI CONCERT ON DVD-**Thursday, January 23rd in the lounge at 10 am.** (*more info elsewhere in this HiLites*).



"Then God said, 'I have some good news and some bad news. The good news is, the apple had zero cholesterol.'"

BOCELLI ON DVD - THURSDAY, JAN. 23rd IN THE LOUNGE -10 AM



BOCELLI CONCERT IN CENTRAL PARK---Come and enjoy portions of this marvelous concert which internationally acclaimed tenor Andrea Bocelli gave as a gift to New York City on Central Park 's Great Lawn. This spectacular video is the ultimate Bocelli collection, appealing to both loyal fans and new admirers alike. The varied repertoire includes some of Bocelli's finest performances to date, from both the worlds of classical and pop that he so successfully straddles unlike any other artist. Additional performers include The New York Philharmonic, under the direction of

musical director Alan Gilbert, with special guests Celine Dion, Tony Bennett, Bryn Terfel, Chris Botti, David Foster, Andrea Griminelli, Nicola Benedetti, Anna Maria Martinez and Pretty Yende.

Bocelli is widely regarded as the most popular Italian tenor in the world with more than seventy million albums sold. Attended by over 60,000 people, Reuters called the Central Park concert dazzling, as well as an important career milestone. Bocelli lovingly described the opportunity to sing on the Great Lawn as his father's dream finally realized. Included in this film are five new songs; a stirring Amazing Grace; the iconic New York, New York, with Tony Bennet; a swinging rendition of More with Chris Botti and David Foster; Volare, also with Foster; and Your Love (Once Upon A Time In The West) from the famous film of the same name.

This event is sponsored by the Lutheran Manor Chatroom.

Note from the Manager...



Thank you all for the birthday and holiday wishes. I hope everyone had a joyful holiday season!! ☺

We are hoping to begin the restroom renovations in January. We will only do one at a time so we will still have a working restroom at all times on the ground floor. Please be patient and flexible during the construction.

Stay warm...

Courtney




Happy
Valentine's
Day

Van Trips



February 2014



DATE		TRIP	TIME
February 3	(Monday)	Banks, CVS, \$ Store, Post Office	9:30 a.m._____
February 4	(Tuesday)	Giant	9:30 a.m._____
February 6	(Thursday)	House of Candles/Lunch @ Cook's Corner Family Restaurant	8:30 a.m._____
February 10	(Monday)	Weis	9:30 a.m._____
February 11	(Tuesday)	Senior Bingo w/lunch (donations)	10:45 a.m._____
February 12	(Wednesday)	Penn Museum Tour-Philadelphia \$15.00/Lunch @ Pepper Mill Cafe	8:45 a.m._____
February 14 	(Friday)	Pines Dinner Theatre-Here comes the Bride \$47.50	5:30 p.m._____
February 17	(Monday)	Breakfast/Wal-Mart	9:00 a.m._____
February 19	(Wednesday)	Lunch/Movie at Promenade	10:45 a.m._____
February 20	(Thursday)	Dinner@The Paprikas Hungarian Restaurant in Hellertown	4:30 p.m._____
February 22	(Saturday)	NY Jazz Repertory Orchestra- Zoellners Art Center \$17.00	7:00 p.m._____
February 24	(Monday)	Lunch @ Doughboys	11:00 a.m._____
February 25	(Tuesday)	Valley Farm Market	9:00 a.m._____
February 27	(Thursday)	Bingo @ Dewey Fire Co	4:45 p.m._____



Please fill out the form and I will meet you at the Lounge after 9 a.m. on the first day of the month to collect.

Thank you!

Name: _____ Apt: _____

PLEASE CANCEL WITHIN 24 HOURS OF YOUR REQUESTED TRIP SO WE CAN CALL THE NEXT RESIDENT ON OUR WAITING LIST.

A \$5 FEE will be required for NO SHOWS without cancelations.

JANUARY 2014



Sun Mon Tue Wed Thu Fri Sat

				<p>2 10:00 Chat Room 2:00 Rev Joy Wyler, Unity of the Lehigh Valley</p>	<p>3 10:00 Yoga 12:30 Tai Chi 5:30 Wii Bowling</p>	<p>4 9:00 Coffee & Donuts 12:30 Pinochle Party</p>
<p>5 2:30 Hershey Bears Hockey Game</p>	<p>6 10:00 Exercise 1:00 Bible Study 6:00 Bingo</p>	<p>7 Zumba 2:00 Rev Jason Stokes, Notre Dame</p>	<p>8 9:00 Massage by appointments 1:00 A Matter of Balance Class (4th) 2:00 Speaker-Massage</p>	<p>9 10:00 Chat Room</p>	<p>10 10:00 Yoga 11:00 Second Harvest Food Delivery</p>	<p>11</p>
<p>12 5:00 -2014 Dinner</p>	<p>13 10:00 Exercise 1:00 Bible Study 1:30 Committee Mtg 6:00 Bingo</p>	<p>14 10:00 Zumba 2:00 General Meeting</p>	<p>15 10:00 Exercise 1:00 A Matter of Balance Class (5th) 2:30 Speaker-Smart Snacking</p>	<p>16 10:00 Chat Room 2:00 Chaplain Clark Kuntz, Memorial Service</p>	<p>17 10:00 Yoga 12:30 Tai Chi 5:30 Wii Bowling</p>	<p>18 11:00 Soup & Hot Dogs</p>
<p>19 1:30 Yarn Arounds</p>	<p>20 OFFICE CLOSED</p>	<p>21 10:00 Zumba 2:00 Speaker-Paint to the Sounds of Music</p>	<p>22 10:00 Exercise 1:00 A Matter of Balance Class (6th)</p>	<p>23 10:00 DVD Bocelli 2:00 Rev Richard Nahodil, St John's EC</p>	<p>24 10:00 Yoga 12:30 Tai Chi 5:30 Wii Bowling</p>	<p>25</p>
<p>26 1:30 Yarns Around 6:00 Social</p>	<p>27 10:00 Exercise 11:00 Therapy Dog 1:00 Bible Study 6:00 Bingo</p>	<p>28 10:00 Zumba 2:00 Speaker-Guitar and Singing</p>	<p>29 1:00 A Matter of Balance Class (7th) 2:00 Speaker- Traditions of Hanover At Home</p>	<p>30 10:00 Chat Room 2:00 Rev Donald Schwartz, Lutheran</p>	<p>31 10:00 Yoga 12:30 Tai Chi 5:30 Wii Bowling</p>	